A Modern Approach To Thinking About Ethics and Animal Training



LEAST INHIBITIVE, FUNCTIONALLY EFFECTIVE

The **Least Inhibitive, Functionally Effective (LIFE)** approach provides a framework that adheres closely to the behavioral and welfare-focused sciences. It considers the impact of training methods on the wellbeing of both human and non-human lives.

The LIFE approach emphasizes the important interplay between **training success** and **positive welfare**.

INCREASE MEANINGFUL CHOICES



Least inhibitive means removing choice restrictions to increase quality of life.

- Avoid environmental restrictions to motivate behavior, such as food deprivation.
- Improve meaningful options by expanding response alternatives and behavioral repertoires.



IDENTIFY BEHAVIORAL FUNCTIONS

Assess causes of a behavior so that we can directly connect them to behavior change plans.

- Collect data based on observations and behavior change manipulations.
- Match causes of a behavior so that we can directly connect them to behavior change plans.



MAXIMIZE TRAINING SUCCESS

Effectiveness is only one component of success. Impact of training on welfare is also important.

- Consider other welfare impacts, such as context and human-animal interactions.
- Training success includes positive welfare during and after training sessions.