

Training Plan: Treat/Retreat

Time: 30 seconds-1 minute to start. Max 5 minutes

Supplies: Treats, treat bag. If working with an animal in protected contact, be sure to have ex-pens. Additionally, leashes and long lines should be used when introducing new people or working in a larger space like a yard.

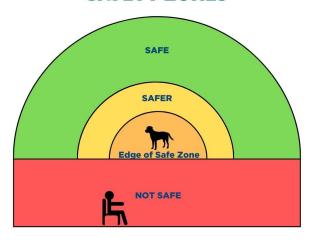
Goal: To teach dogs to approach and move away from people and to help them become more comfortable doing so.

Instructions:

Step 1:

- 1. While seated, wait for the dog to approach the edge of their safe zone.
- 2. Once they have reached the edge of their safe zone, toss a treat toward the dog's feet.
 - a. The treat should be tossed as close as possible to the dog.
 - b. Don't use treats to lure the dog towards you into the not-safe zone.
 - c. The dog should be able to stand watching but not feel like they have to run away.
 - d. Food can be used to keep the dog back, especially if they like to come in hot, then realize they are too close for their comfort.

TREAT RETREAT SAFETY ZONES



Step 2:

- 1. Once the dog has eaten the first treat, toss a treat out deep into the safe zone
 - a. Give the dog a chance to say they don't want to engage in this exercise anymore.
- 2. Then toss another treat into the safe zone.
 - a. At this point, the dog might come to the same spot, move in closer, or reset and move further away.
 - b. Only the dog will move the edge of the safe zone—refrain from moving yourself closer to the dog.
 - c. Don't use treats to lure the dog toward you.

Step 3:

1. Repeat steps 1 and 2!



a. Watch for:

- i. Smooth movements
- ii. Balanced stance
- iii. No, stretching, leaning, or ticked rear-ends
- iv. The dog should move away in search of food, not to get away from you
- v. The dog should have the reluctance to end the session

Progression

